

Upcoming Business During Hours

Approve Home Medical
Services



November 3rd
9:00-10:30 a.m.
2000 Harrison Street
Suite E

Christmas OPEN HOUSE
And Business During Hours



November 5th
Open House
11am-5pm
Business During Hours
11:30 a.m.-1:00 p.m.
384 South Broad Street

Lakeside
Cadillac, GMC and Buick



November 19th
11:00 a.m.-12:30 p.m.
1100 N. Saint Louis St.

MyBatesville.org
THE BATESVILLE AREA CHAMBER OF COMMERCE

ISSUE

07

November
2009

Monthly Update
from the
Batesville Area
Chamber of
Commerce

Chamber Update: Wellness Issue

My Batesville, My Chamber, My Update

A letter from the President:

Board of Directors

Executive Board

Crystal Johnson,
President
Stacy Gunderman,
Chair-Elect
Chad Sisco,
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Board of Directors

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Gary Bebow
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Chamber Staff

Lacy Baker
Communications
& Events Coor-
dinator

Visit us online at
mybatesville.org
870.793.2378

Dear Chamber Members,

During the month of November we will be focusing on health and wellness. We have partnered with White River Health Systems CommHealth to provide our Annual Wellness event to our members. We will be offering health screenings at the Chamber, November 17th from 5pm-8pm and from 8am-11am on the 18th. The screening includes:

- *Cholesterol Testing (Total Cholesterol, HDL, TC/HDL Ratio)
- *Blood Pressure
- *Body Composition (Body Mass Index, Body Fat Percentage)
- *Individual Health Report Card
- *Consultation with a Health Educator

We encourage you to participate! Please call to schedule your appointment or to find out how you can schedule a Worksite Wellness event at your business.

In addition to promoting physical health, we are also focusing on mental health. We would like to recognize our local businesses that encourage a healthy work-life balance for their employees. Nominations are currently being accepted for the eighth annual Arkansas Governor's Work-Life Balance Award. This award recognizes Arkansas employers who established and provide resources that support employees in balancing the needs of both work and family. Recipients will be honored at the Governor's Work-Life Balance Awards event and published in various Arkansas news media, including Arkansas Business. For more information or to nominate a business please contact me or visit our website, www.mybatesville.org.

Sincerely,

Crystal Johnson
President/CEO Batesville Area Chamber of Commerce
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Chamber Update Issue 07 November 2009 Promoting Health & Wellness

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MyBatesville.org
THE BATESVILLE AREA CHAMBER OF COMMERCE



In the next 24 hours over 2,000 Americans will suffer a stroke...and Arkansas has one of the highest prevalence in the nation. Strokes are the number 1 cause of disability in Arkansas and in the nation. Someone you love may fall victim to a stroke. You should take comfort in knowing that White River Medical Center (Batesville) in partnership with the University of Arkansas for Medical Science has a new telemedicine program called AR SAVES (Stroke Assistance through Virtual Emergency Support) that will ensure more happy endings. It is important to

1. Recognize the signs and symptoms of stroke.
2. Understand that a stroke or "brain attack" is a medical emergency.
3. Seek immediate medical attention at the onset of a stroke, CALL 911.

Strokes Strike FAST! So Act F.A.S.T. If you think someone may be having a stroke, act F.A.S.T. and do this simple test. (FACE) Ask the person to smile. Does one side of the face droop? (ARM) Ask the person to raise both arms. Does one arm drift downward? (SPEECH) Ask the person to repeat a simple sentence. Are the words slurred? Can he/she repeat the sentence correctly? (TIME) If the person shows any of these symptoms, time is important. Call 911 or get to the hospital fast. Brain cells are dying! Time lost is brain lost.

Independence County Wellness Coalition

Creating a healthy community depends on the commitment of those who live there.

The Independence County Wellness Coalition is a community driven initiative that offers an opportunity to bring together community members, public and private organizations, and businesses to improve the health and quality of life in Independence County.

The goal is to work together to:

- Decrease the number of days workers are absent from work due to illness
- Reduce the number of days school children are absent because of illness
 - Reduce preventable illnesses and injuries
 - Address specific problems identified by the community

Please join our team!!

For more information contact Crystal Johnson

Approve Home Medical Services, Inc.

Celebrating 20 Years of Service to the Batesville Community!

We thank the **Batesville Community** for your support and loyalty in knowing that we are providing quality home health care to you and your loved ones. We are thankful for the opportunity to assist you in returning to your normal activities of daily living whether we have seen you for physical therapy after surgery; helped you to manage a disease such as diabetes, COPD or Congestive Heart Failure; provided you with wound care, post surgical care, maternal/child care or any other home health care we have provided to you or your loved one thru our skilled nursing, rehab, social or aide services.

We THANK YOU!

We look forward to serving you for many years to come!

Batesville
870-698-1123



Cherokee Village
870-257-3007

"Where Quality of Care is Our Greatest Concern"

Batesville Healthcare Center

Features Private Rooms



Therapists Providing

- Ultrasound Therapy
- Heat Therapy
- E-Stim
- Neuro Re-Education
- Wii Fit Therapy
- Weight Bearing Exercise

Therapy Specializing In:

- Stroke Rehabilitation
- Heart Attacks
- Hip Fractures
- Post-Surgery
- Generalized Debility



Batesville Healthcare Center Features: 26" Flat Screen Televisions, Electric Beds, Private Family Entrance and Private Dining Area. For more information about Batesville Healthcare Center call 870-698-1853 or visit 1975 White Drive Batesville, AR.



Bradley S. Griffin, D.D.S.

"CARING DENTISTRY FOR ADULTS AND CHILDREN"

Dr. Griffin practices General Dentistry in Batesville, Arkansas. Dr. Bradley Griffin graduated with a DDS.

You may contact Dr. Bradley Griffin at 870-793-3730 or his office is located at 311 Eagle Mountain Blvd. Batesville, AR 72501

Batesville Endoscopy was developed as a result of physicians at White River Medical Center joining together to build its first Ambulatory Surgery Center in Batesville. This 12,000 square foot facility features four pre-procedure bays, two procedure rooms and five post-procedure areas. Batesville Endoscopy is conducted as an out-patient or same-day basis and limited to procedures of the gastro-intestinal system, specializing in colonoscopies, EGD's and broncoscopies.

Batesville Endoscopy is located at 1700 Harrison Street in Batesville. For more information regarding the services and procedures offered call 870-698-9900.



The highly-trained doctors, dentists, and healthcare professionals at White River Rural Health Center in Arkansas are committed to providing medical and dental services to all in Arkansas, regardless of your ability to pay. Patients at White River Rural Health Center include people with insurance, those without insurance, and those with not enough insurance. If you cannot pay for health services, White River Rural Health Center will work out a discounted fee service level that you can afford. Our Health Care Home not only has the healthcare services you need, but also financial assistance and guidance to enable your entire family to be healthy and happy. In addition to affordable medical and dental services, White River Rural Health Center's prescription medication assistance program can help you obtain the medicine that you need at a price you can afford. With White River Rural Health Center, every member of your family can receive the prescription medicine that they need, regardless of your ability to pay. White River Rural Health Center is your Health Care Home. Affordable Service at White River Rural Health Center includes: Pharmacy, Cardiology, Family Practice, Diabetes Self-Management, HIV/AIDS Care Program, Pediatrics, Oral Health & Dentistry, Women's Health, Chronic Disease and Wellness Centers.